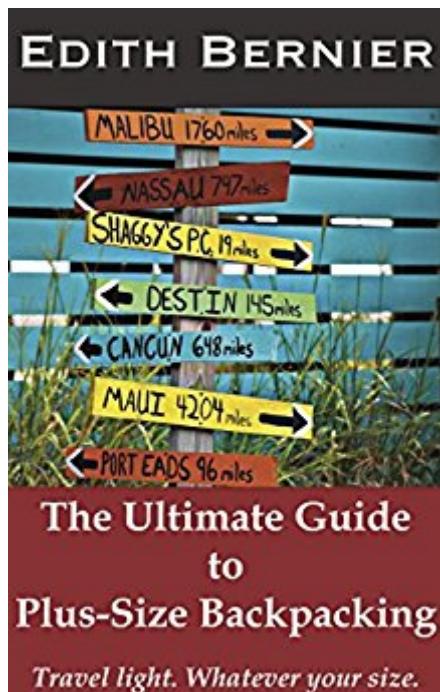


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# The Ultimate Guide To Plus-Size Backpacking: Travel Light. Whatever Your Size.



## **Synopsis**

A new, unique guide for travelers of size!"The Ultimate Guide to Plus-Size Backpacking" was written to find and share answers to the challenges that globetrotters of size may face while on the road.In this guide, you will learn what all travelers of size REALLY need to know, from choosing the right clothes to dealing with health issues that can be a nuisance for traveling plus-size people. Edith Bernier shares with you what she has learned the hard way through her various journeys, from New Orleans to New Delhi!With a little discipline, some creativity and "The Ultimate Guide to Plus-Size Backpacking", you are certain to make your next adventureÃ¢â€žâ¢ larger than life! Travel light. Whatever your size.Edith Bernier is the inspiration behind The PS (Plus-Size) Backpacker since the blog's launch in 2013. After numerous trips exploring three continents and dealing with various challenges abroad, she decided to compile her best traveling tips to share with her fellow plus-size travelers. "The Ultimate Guide to Plus-Size Backpacking" is her first book.

## **Book Information**

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## **Customer Reviews**

This book has done very useful information if you haven't done much traveling and/backpacking. I book marked website for more tips and lists.

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